



## P.E Values

Nicol Mere Primary School aims to raise pupil's achievement and promote spiritual, moral, social and cultural development. Primarily this will be assessed through lesson observation and pupil feedback.

### Our sessions aim to:

- Develop competence to excel in a broad range of physical activities
- Be physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy and active lives

### In the long term we aim to:

- Help children engage in local sports teams and clubs to further their sporting involvement
- Instill a lifelong love for sport

### **Key Stage One**

- Pupils will develop core movement, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others
- They should be able to engage in competitive (both against self and others) and co-operative physical activities, in a range of increasingly challenging situations
- Where possible, the sessions should aim to keep children active for 80% of the time
- Staff utilise Question and Answer and "Guided Discovery" methods within the session to enhance learning and assess pupils understanding
- Games should be played in a 1 v 1, 2 v 2 & 4 v 4 format to aid development

### **Key Stage Two**

- Pupils should continue to implement and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement
- They should enjoy communicating, collaborating and competing with each other
- They should develop an understanding of how to succeed in different activities and sports and learn how to evaluate and recognise their own success
- Staff utilise Question and Answer and "Guided Discovery" methods within the session to enhance learning and assess pupils understanding.
- Games should be played in a 2 v 2 - 7 v 7 formats to aid development based on pupil ability.